Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."

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August 19th Update - Yavapai County Community Health Services
Yavapai County reports 8 COVID-19 Cases and another confirmed Death

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Apache	3,269	Coconino	3,200	Cochise	1,769	Graham	621	Greenlee	57
Gila	1,021	La Paz	492	Maricopa	130,384	Mohave	3,411	Navajo	5,470
Pima	20,047	Pinal	8,989	Santa Cruz	2,709	Yavapai	2,184	Yuma	11,927

1,363,786 Arizonans have been tested for COVID-19 with **195,557** positive results and **4,634** deaths. Yavapai County has tested **33,778** residents with 166 new tests reported, **2,184** positive cases, **875** recovered, and **74** deaths. YRMC West is caring for **9** COVID-19 patients and the East campus has **2,** there are **4** persons under investigation (PUI). Verde Valley Medical Center reports **no** COVID-19 hospitalizations and **3** PUIs. The VA has **1** COVID-19 patients with no PUI.

New COVID-19 Cases since Yesterday									
Apache	+12	Coconino	+4	Cochise	-3	Graham	+7	Greenlee	n/c
Gila	+5	La Paz	n/c	Maricopa	+426	Mohave	+28	Navajo	+2
Pima	+71	Pinal	+54	Santa Cruz	+1	Yavapai	+8	Yuma	+19

Getting a flu vaccine this year is even more important than usual because of the COVID-19 pandemic, according to public health officials.

Under normal conditions, the flu is a life-threatening respiratory illness that crowds emergency rooms and intensive care units. The flu shares symptoms with Covid-19: fever, headache, cough, sore throat, muscle aches and fatigue. The concern is that the flu can leave patients vulnerable to a harsher attack of COVID-19, doctors believe, and that coming down with both viruses at once could be disastrous.

The 2019-20 flu season in the United States was mild, according to the C.D.C. But a mild flu season still takes a toll. In preliminary estimates, the C.D.C. says that cases ranged from 39 million to 56 million, resulting in up to 740,000 hospitalizations and from 24,000 to 62,000 flu-related deaths.

The U.S. Centers for Disease Control and Prevention recommends that everyone 6 months and older get a flu vaccine every year – and for people to get the flu vaccine by the end of October – because it takes a few weeks for the vaccine to become fully protective.

Flu shots will be in stock at doctors' offices, pharmacies and supermarkets by early September. And though what's normally thought of as flu season in North America doesn't really begin until October and peaks between December and February, because of changes wrought by COVID-19, now is the time to start thinking about when, how and where you'll get immunized against the flu this year.

★ **County COVID-19 Data, Testing Sites, School & Business Guidelines & Resources: www.yavapai.us/chs**
★ **Yavapai Emergency Phone Bank: 928-442-5103 - Monday-Thursday, 8:00 a.m. – 5:00 p.m.**
★ **Arizona 2-1-1: A resource for all the time, not just during COVID-19. https://211arizona.org/**
★ **COVID-19 information en español: https://azhealth.gov/covid-19**
★ **#Yavapai Stronger Together - https://justicementalhealth.com/resources-support/#covid19**