## Yavapai County



Our Mission:

"Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



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## August 3<sup>rd</sup> Update - Yavapai County Community Health Services Yavapai County reports 92 COVID-19 Cases over the Weekend and 6 additional Deaths Confirmed

Apache	3,084	Coconino	2,997	Cochise	1,557	Graham	490	Greenlee	57
Gila	841	La Paz	474	Maricopa	120,960	Mohave	3,040	Navajo	5,284
Pima	16,741	Pinal	8,301	Santa Cruz	2,599	Yavapai	1,860	Yuma	11,203

**1,196,335** Arizonans have been tested for COVID-19 with **179,497** positive results and **3,779** deaths. Yavapai County has tested **29,931** residents with **1,860** positive cases, **613** recovered, and **66** deaths. These deaths have been confirmed by death certificate matching. Yavapai Regional Medical Center is caring for **15** COVID-19 patients on the West Campus and **5** on the East Campus with **3** persons under investigation (PUI). Verde Valley Medical Center reports **5** COVID-19 hospitalizations and **3** PUI. The VA has **1** COVID-19 patient and **no** PUI.

New COVID-19 Cases since Friday										
Apache	+90	Coconino	+50	Cochise	+54	Graham	+39	Greenlee	+2	
Gila	+32	La Paz	+5	Maricopa	+3,667	Mohave	+122	Navajo	+82	
Pima	+574	Pinal	+311	Santa Cruz	+11	Yavapai	+92	Yuma	+323	

## **COVID-19 Myths**

Myth: The virus is just a mutated form of the common cold: No, it's not. Coronavirus is a large family of viruses that includes many different diseases. SARS-CoV-2 does share similarities with other coronaviruses, four of which can cause the common cold. SARS-CoV-2 shares about 90% of its genetic material with coronaviruses that infect bats, which suggests that the virus originated in bats and later hopped to humans.

**Myth:** The coronavirus is less deadly than the flu: Though the death rate for COVID-19 is unclear, almost all credible research suggests it is much higher than that of the seasonal flu, which has a death rate of around 0.1% in the U.S. Researchers emphasized this point in a recent paper published in the journal JAMA Internal Medicine, describing how they found that, in the U.S., there were 20 times more deaths per week from COVID-19 than from the flu in the deadliest week of an average influenza season.

**Both COVID-19 and flu** can spread from person-to-person, between people who are in close contact with one another (within about 6 feet). Both are spread mainly by droplets made when people with the illness (COVID-19 or flu) cough, sneeze, or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

It may be possible that a person can get infected by physical human contact (e.g. shaking hands) or by touching a surface or object that has virus on it and then touching his or her own mouth, nose, or possibly their eyes.

Both flu virus and the virus that causes COVID-19 may be spread to others by people before they begin showing symptoms, with very mild symptoms or who never developed symptoms (asymptomatic).

**Differences** - While COVID-19 and flu viruses are thought to spread in similar ways, COVID-19 is more contagious among certain populations and age groups than flu. Also, COVID-19 has been observed to have more superspreading events than flu. This means the virus that causes COVID-19 can quickly and easily spread to a lot of people and result in continuous spreading among people as time progresses.

- ★ For Yavapai County COVID-19 Data, Testing Sites and Resources: www.yavapai.us/chs
- ★ Yavapai Emergency Phone Bank: 928-442-5103 Monday-Thursday, 8:00 a.m. 5:00 p.m.
- ★ Arizona 2-1-1: A resource for all the time, not just during COVID-19. <a href="https://211arizona.org/">https://211arizona.org/</a>
- ★ COVID-19 information en español: <a href="https://azhealth.gov/covid-19">https://azhealth.gov/covid-19</a>
- **★** #Yavapai Stronger Together <a href="https://justicementalhealth.com/resources-support/#covid19">https://justicementalhealth.com/resources-support/#covid19</a>