## Yavapai County



Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



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## December 16 Update - Yavapai County reports 224 COVID-19 Cases and 2 Deaths

Apache	6,622	Coconino	9,454	Cochise	5,494	Graham	2,673	Greenlee	341
Gila	3,761	La Paz	1,102	Maricopa	266,196	Mohave	9,012	Navajo	9,980
Pima	54,957	Pinal	22,597	Santa Cruz	5,097	Yavapai	8,719	Yuma	23,447

ADHS reports 16,657 COVID-19 tests statewide since yesterday with 4,848 positive results and 108 deaths. Yavapai County has cumulatively tested 73,736 residents with 8,719 positive cases, 3,201 recovered, and 151 deaths. YRMC West has 65 COVID-19 patients, YRMC East is caring for 27 patients. VVMC reports 25 COVID-19 hospitalizations. The VA reports 7 COVID-19 patients.

New COVID-19-19 Cases since Yesterday									
Apache	+42	Coconino	+33	Cochise	+107	Graham	+8	Greenlee	+3
Gila	+28	La Paz	+6	Maricopa	+3,005	Mohave	+155	Navajo	+69
Pima	+711	Pinal	+203	Santa Cruz	+69	Yavapai	+224	Yuma	+241

This Holiday Season Do What's Best for You and Your Loved Ones. The COVID-19 pandemic has been stressful and isolating for many people. Gatherings during the upcoming holidays can be an opportunity to reconnect with family and friends. This holiday season consider how your holiday plans can be modified to reduce the spread of COVID-19 to keep your friends, families, and communities healthy and safe. Because indoor gatherings pose more risk than outdoor gatherings, consider hosting Christmas outdoors. If you can't host outside, choose a well-ventilated space, or open windows and doors as much as possible.

Winterize your backyard -While last year's to-do list was all about decorating the front yard, this year's Christmas to-do list is about winterizing the backyard. If you're planning to host outdoors, investing in the right equipment will go a long way to keep your friend and family comfortable. Keep warm with a fire pit and outdoor heaters. Place blankets on each seat for guests.

Along with hosting outdoors, there are other ways to minimize exposure and social distance while you're together.

- Skip welcome hugs: Fight the urge to hug friends and family (we know it's been a while!) and go for elbow bumps instead. If you *must* hug, wear your mask to limit exposure.
- Limit surface exposure: Limit how many surfaces guests have to touch. Wipe down tables. Disinfect surfaces throughout the event.
- Separate personal items: Skip the giant pile of coats on your bed this year. Keep coats, bags, and personal items separate when possible.

If you're traveling to visit family this year for Christmas, assess the risks and benefits before booking your trip While traveling, take precautions to limit the spread of COVID-19 while you're together and on your return.

- Quarantine before travel: If your job or family situation allows, consider quarantining before your trip. Avoid contact with people outside of your household for two weeks before you're set to leave.
- Get a COVID test: To put friends and family at ease, get a COVID test before traveling so you can be sure you won't be putting anyone at risk for getting sick.
- Be safe while you travel: If driving is an option, choose it over flying or taking public transportation to minimize contact with others.
- ★ Yavapai Emergency Phone Bank for COVID-19 Info: 928-442-5103 Monday-Thursday, 8:00-5:00.
- ★ For a COVID-19 test at Community Health Center of Yavapai, call 583-1000. For a flu shot, call 771-3122.
- **★** COVID-19 information en español: https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectiousdisease-epidemiology/es/COVID-19-19/

**★** Take the YCCHS COVID-19-19 Vaccine Survey: <a href="https://www.surveymonkey.com/r/YavapaiVaccine">https://www.surveymonkey.com/r/YavapaiVaccine</a>.