



Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



For Immediate Release

Wednesday, December 23, 2020

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December 23rd Update - Yavapai County reports 216 COVID-19 Cases and 7 Deaths

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|--------|--------|----------|--------|------------|---------|---------|--------|----------|--------|
| Apache | 7,004 | Coconino | 10,303 | Cochise | 6,559 | Graham | 2,931 | Greenlee | 364 |
| Gila | 4,141 | La Paz | 1,225 | Maricopa | 291,412 | Mohave | 10,699 | Navajo | 10,650 |
| Pima | 62,159 | Pinal | 24,789 | Santa Cruz | 5,536 | Yavapai | 10,129 | Yuma | 25,588 |

ADHS reports **17,714** COVID-19 tests statewide since yesterday with **6,058** positive results and **54** deaths. Since the beginning of the pandemic, Yavapai County has tested **78,000** residents with **10,129** positive cases, **3,699** recovered, and **186** deaths. YRMC West has **75** COVID-19 patients, YRMC East is caring for **33** patients. VVMC reports **23** COVID-19 hospitalizations. The VA reports **7** COVID-19 patients.

| New COVID-19 Cases since Yesterday | | | | | | | | | |
|------------------------------------|------|----------|------|------------|--------|---------|------|----------|------|
| Apache | +40 | Coconino | +66 | Cochise | +147 | Graham | +58 | Greenlee | +5 |
| Gila | +45 | La Paz | +29 | Maricopa | +3,766 | Mohave | +224 | Navajo | +102 |
| Pima | +815 | Pinal | +189 | Santa Cruz | +54 | Yavapai | +216 | Yuma | +323 |

This year, we realized the importance of our healthcare systems in our society. Before the crisis there was already a huge burden on healthcare, and it wasn't necessarily high on the list of priorities by governments, but now it is. Today, decision-makers have realized that no society can live without well-operating healthcare.

Due to better diagnostics over the past couple of years, the number of chronic patients has been growing at an astonishing rate, putting a huge burden on doctors in the first place. On top of this came an even worse adversary that was invisible, fearful and deadly. And yet, medical personnel and medical systems were able to react in a matter of moments. They have been working tirelessly since the outbreak, often without enough protective gear and enough sleep, keeping the frontlines of healthcare and risking their own lives to save others.

Humanity clearly showed its strengths throughout the difficulties. Random people helping each other in shopping and support groups lifting those struggling with challenges. People dancing on balconies and really caring for each other like never before; and messages of hope, love and support soaring to medical personnel all over the world.

The holiday season will hopefully bring us needed respite and time to pause, reflect, and celebrate. We need to regroup, recalibrate, reassess, and remind ourselves of what is really important in our lives, like faith, family, and work. We have lost so much this past year, but loss also reminds us of our abundant blessings, so many we take for granted daily, like food, clean water, a roof over our heads, good health, and meaningful work. Throughout this season, and as we move into a new (and hopefully better) year, we wish you moments of peace amid the difficulties, connections with family and friends even if they can't be in person, the warmth of memories from holidays past, and wonderful glimpses of the joy that still lives under the surface.

Excerpt from "Why There's Hope in 2021" by Bertalan Mesko, MD, PhD, The Medical Futurist

- ★ Vaccine Order Forms and Partner Agency sign up: <https://www.yavapai.us/chs/C19Vax>.
- ★ Yavapai Emergency Phone Bank for COVID-19 Info: 928-442-5103 - Monday-Thursday, 8:00– 5:00.
- ★ For a COVID-19 test at Community Health Center of Yavapai, call 583-1000. For a flu shot, call 771-3122.
- ★ County COVID-19 Data, Testing Sites, Guidelines & Resources: www.yavapai.us/chs
- ★ COVID-19 information en español: <https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/es/COVID-19-19/>