



Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



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Have a Happy, Healthy 4th of July

Independence Day is an opportunity to reflect on the courage, compassion, and resiliency the public has shown over the last year and a half. Yavapai County's wish for all of you this summer is the time to restore your energy and re-connect with family and friends.

Some COVID Mitigation Measures People May Keep. Last year's flu season saw historic declines in infection in the U.S. during the pandemic, and this is largely due to the mask wearing and physical distancing mitigation measures recommended for COVID-19 – people had to be more aware that their health may depend on the health of others. Other habits may be cooking more meals at home, exercising outdoors, and working from home.

The ADHS dashboard to determine the level of community spread of COVID-19 in Yavapai County for the week ending June 26th indicates an increase in cases per 100,000 from 31/100k to 37/100K from the week ending June 26th, and an increase in percent positivity from 3.1% to 4.5%.

Symptoms of the COVID-19 Delta Variant appear to be different than the initial virus. Shortness of breath and other lung issues remain the most worrisome symptoms, but upper respiratory issues – congestion, runny nose and headache seem to be more prevalent. It may seem like a very bad cold – and it is very contagious. The potential shift in symptoms is not to say that the illness should be brushed off as just a cold. Respiratory droplets emitted from coughs and sneezes can infect other, more vulnerable, people. And cases that start off mild can worsen and become more serious.

Vaccination remains the best protection against severe illness from COVID-19 and hospitalization. If you are looking to get vaccinated against COVID-19, check out:

- **YRMC:** <https://www.yrmc.org/support-and-community/covid-19/covid-19-vaccinations>
- **Spectrum Healthcare:** <https://www.spectrumhealthcare-group.com/vaccine/> - 877-634-7333
- **Yavapai Community Health Services** - 928-771-3122
- **Community Health Center of Yavapai** - 928-583-1000

Yavapai County reports 51 COVID-19 Cases and 3 Deaths since Monday. The county has tested **123,694** residents for COVID-19 with **19,630** positive cases and **529** deaths since the beginning of the pandemic. Yavapai Regional Medical Center reports 11 COVID-19 patients, VVMC reports 4, and the VA has no COVID-19 patients.

- **COVID-19 Information en Español:** <https://www.azdhs.gov/COVID19/es/index.php>
- **Myths and Facts about COVID-19 Vaccines:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>
- **Questions & Answers About COVID-19 Vaccines | The Ad Council** (getvaccineanswers.org)

