Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."

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June 16th Update - Yavapai County Community Health Services
Yavapai County reports 388 COVID-19 Cases

Apache	1,996	Coconino	1,393	Cochise	241	Graham	55	Greenlee	12
Gila	91	La Paz	238	Maricopa	20,775	Mohave	624	Navajo	2,749
Pima	4,329	Pinal	1,727	Santa Cruz	1,104	Yavapai	388	Yuma	4,329

489,286 Arizonans have been tested for COVID-19 with **39,097** positive cases and **1,219** deaths. Yavapai County has tested **14,940** residents, with **388** positive cases, **207** recovered, and **7** deaths. Yavapai Regional Medical Center reports **4** COVID-19 patients and **no** persons under investigation (PUI). Verde Valley Medical Center reports **3** COVID hospitalizations and **1** PUIs. The VA **no** COVID-19 hospitalizations or PUIs.

New COVID-19 Cases since Yesterday									
Apache	+21	Coconino	+20	Cochise	+20	Graham	+5	Greenlee	+0
Gila	+4	La Paz	+16	Maricopa	+1,403	Mohave	+6	Navajo	+113
Pima	+385	Pinal	+159	Santa Cruz	+116	Yavapai	+6	Yuma	+114

What do I do if COVID-19 starts spreading in my community?

- Stay informed about local COVID-19 activity through the Yavapai County Health Services website: www.yavapai.us/chs and be aware of any signs that people in your community are getting sick.
- Cover your coughs and sneezes with a tissue and wash your hands often with soap or water. Don't share personal items and clean frequently touched surfaces with soap and water.
- If you are sick, stay home. When seeking medical care, wear a facemask and keep your distance from others. If someone in your house is sick, stay home to avoid unknowingly spreading the virus to others.
- Do not attend large events, such as sporting events, conferences, or other community events if you are sick, do not feel well, or someone in your home is sick. If you aren't sick, consider your risk of getting COVID-19 at the event before you go.
- Set up a separate room for sick household members. Clean the room regularly and make sure they have clean disposable facemasks to use. Check in with family and friends who live alone—especially those with chronic diseases. If you live alone, have friends and family check in with you if you become sick.

Not Sleeping Well? Advice from doctors: Keep a daily routine; get exposure to sunlight early in the day, preferably outdoors; find ways to socialize by phone or social media (but focus on sharing things that are uplifting or amusing); watch what you eat (and when); and turn off pandemic news coverage a few hours before bed and use the rest of the evening for more relaxing activities.

- **For Yavapai County data and COVID-19 Resources for Re-Opening, www.yavapai.us/chs**
- **Yavapai Emergency Phone Bank: 928-442-5103 - Monday-Thursday, 8:00 a.m. – 5:00 p.m.**
- **Arizona 2-1-1: A resource for all the time, not just during COVID-19. https://211arizona.org/**
- **COVID-19 information en español: https://azhealth.gov/covid-19**
- **#Yavapai Stronger Together - https://justicementalhealth.com/resources-support/#covid19**