



Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



For Immediate Release

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June 17th Update - Yavapai County Community Health Services Yavapai County reports 397 COVID-19 Cases

Apache	1,998	Coconino	1,410	Cochise	248	Graham	56	Greenlee	12
Gila	99	La Paz	238	Maricopa	22,272	Mohave	636	Navajo	2,771
Pima	4,385	Pinal	1,793	Santa Cruz	1,165	Yavapai	397	Yuma	3,454

501,963 Arizonans have been tested for COVID-19 with **40,924** positive cases – an increase of **1,827** cases, and **1,239** deaths. Yavapai County has tested **15,309** residents, with **397** positive cases, **208** recovered, and **7** deaths. Yavapai Regional Medical Center reports **3** COVID-19 patients and **no** persons under investigation (PUI). Verde Valley Medical Center reports **3** COVID hospitalizations and **1** PUIs. The VA **no** COVID-19 hospitalizations or PUIs.

New COVID-19 Cases since Yesterday									
Apache	+2	Coconino	+17	Cochise	+7	Graham	+1	Greenlee	+0
Gila	+8	La Paz	+0	Maricopa	+1,497	Mohave	+12	Navajo	+22
Pima	+56	Pinal	+66	Santa Cruz	+61	Yavapai	+6	Yuma	+75

How can we prevent the spread of COVID-19? Symptoms of COVID-19 primarily include fever, cough, and shortness of breath. These symptoms appear 2 to 14 days after exposure.

- COVID-19 spreads between people who are in close contact with one another (within about 6 feet) via coughs or sneezes. It may also spread by touching a surface or object with the virus on it.
- People are thought to be most contagious when they are the sickest, though some spread is possible before people show symptoms.
- Prevention starts with practicing good personal health habits: stay home when you're sick, cover your coughs and sneezes with a tissue, wash your hands often with soap and water, and clean frequently touched surfaces and objects.
- Getting plenty of rest, drinking fluids, eating healthy foods, and managing your stress may help you prevent getting COVID-19 and recover from it if you do.

A Few Lessons learned about COVID-19: 1) Infection viruses know no national boundaries, thus international coordination and cooperation are essential 2) Strategies aimed to delay the spread of the virus, including quarantining infected persons and their contacts, lockdowns and restrictions of human mobility, and social distancing such as prohibiting public gatherings and limiting public transportations, prove to be effective to flatten the infection curve, which can help spread out the burdens on the health care system. 3) Testing is key to slow down the spread of the virus, especially when people who contracted the virus can be asymptomatic yet infectious. 4) The value of science cannot be clearer in this pandemic, as vaccines and therapeutic cures are ultimately what will end the spread of the virus. So are the strategic medical supply reserves.

- **For Yavapai County data and COVID-19 Resources** www.yavapai.us/chs
- **Yavapai Emergency Phone Bank: 928-442-5103 - Monday-Thursday, 8:00 a.m. – 5:00 p.m.**

- Arizona 2-1-1: A resource for all the time, not just during COVID-19. <https://211arizona.org/>
- COVID-19 information en español: <https://azhealth.gov/covid-19>
- #Yavapai Stronger Together - <https://justicementalhealth.com/resources-support/#covid19>