



# Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



**For Immediate Release**  
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## **March 31<sup>st</sup> Afternoon Update - Yavapai County Community Health Services** **First Community Spread Case vs Travel Related**

With **24** positive cases in Yavapai County, **17** residents in the Quad-Cities area, and **7** in the Verde Valley area have been affected; 12 seniors 65+, 12 adults 18-64; 14 males, 10 females. At this time, only **3** patients are hospitalized, the others are quarantining at home.

Community spread means spread of an illness for which the source of infection is unknown. It's also possible, however, that the patient may have been exposed to a returned traveler who was infected.

- **The Yavapai Emergency Phone Bank is OPEN– M-F 8-5, Call 928-442-5103**
- **For COVID-19 information en español, see [www.azdhs.gov/COVID-19](http://www.azdhs.gov/COVID-19)**

### **"Physical Distancing" vs. Social Distancing**

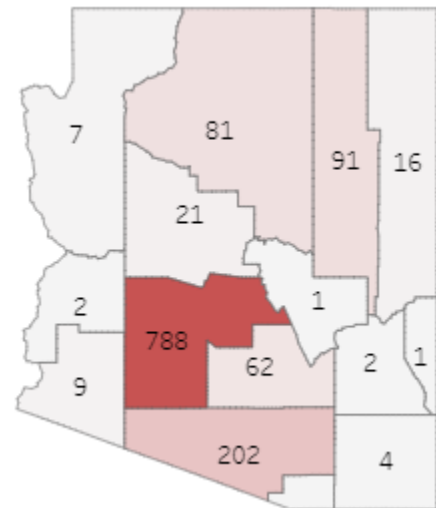
The World Health Organization (WHO) has started using the phrase "physical distancing" instead of "social distancing" to prevent the spread of the novel coronavirus from people to people, a move widely welcomed by experts as a step in the "right direction".

Cara Christ, ADHS Director stated in a letter to Governor Ducey prior to the Executive Order, "At a time in history when our residents would normally be comforted by others and our elderly community members would benefit from the enhanced physical presence of family and community members, the mental health impacts of physical distancing to mitigate disease spread are concerning. It's important that we prioritize physical distancing as a critical mitigation strategy to protect our healthcare system, but it is crucial to encourage our citizens to remain socially connected."

### **Governor Ducey's Executive Order – "Stay Home. Stay Healthy. Stay Connected" through 4/30**

Arizona Gov. Doug Ducey issued an executive order yesterday restricting residents to their homes as the number of reported coronavirus cases continues to rise in the state. This order generally strongly recommends residents stay home unless they have an urgent need to go out for specific allowable purposes – such as grocery shopping, trips to the pharmacy or the bank, and to periodically exercise at a space of six feet apart from others.

YCCHS asks all Yavapai County residents to comply to protect yourself, your families, friends and neighbors from COVID-19. Even with mild symptoms, this virus is much worse than the flu for anyone. For up-to-date information, visit our website: [www.yavapai.us/chs](http://www.yavapai.us/chs).



*Arizona has 1,289 confirmed cases of COVID-19 and 24 deaths have been reported.*