## Yavapai County



Our Mission:

"Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we



For Immediate Release Wednesday, May 11, 2022

For further information, contact: Carol Lewis, Assistant Director 928.442.5572

## COVID-19 Update: Wednesday May 11, 2022 May is Mental Health Month: Teen Mental Health in the Pandemic

Even before the arrival of COVID-19, in 2019 an average of nearly 36.7% of high school students reported persistent feelings of sadness or hopelessness, according to the CDC. The CDC data came from the Adolescent Behaviors and Experiences Survey (ABES), a nationwide poll conducted among 7,705 high school students from January to June 2021. It is the first nationally representative survey of public and private high school students to assess the mental health and well-being of American youth during the COVID-19 pandemic. The percentage of teens reporting feelings of sadness and hopelessness rose to 44.2%. During the period covered in the CDC survey, 19.9% reported having seriously considered attempting suicide. Nine percent reported having attempted it. <a href="www.cdc.gov/healthyyouth/data/abes.htm">www.cdc.gov/healthyyouth/data/abes.htm</a> If you or someone you know is having an emotional crisis, call the Behavioral Health Crisis Hotline immediately: 877-756-4090. Call 911 if you are concerned about harming or hurting yourself or someone else.

**FREE Event Tonight:** May 11, 2022: My Ascension A film to spread hope and fight suicide. 5:00 pm to 7:30 pm, Yavapai Performing Arts Center-1100 E. Sheldon Street, Prescott <a href="https://www.polarahealth.com">www.polarahealth.com</a>

**Save the Date:** "Our Future in Mind" Youth Mental Health Awareness Conference, July 25 and 26<sup>th</sup>, 2022, 8:00 AM-5:00 PM, Prescott Resort. For more information and to register please visit: <a href="www.eventbrite.com/e/our-future-in-mind-youth-mental-health-awareness-conference-tickets-327553149287">www.eventbrite.com/e/our-future-in-mind-youth-mental-health-awareness-conference-tickets-327553149287</a>

**Updated: 'Release from Isolation and Quarantine' Guidance**: Updated quarantine guidance for the general inpatients/residents in healthcare and congregate settings. www.azdhs.gov/covid19/documents/public-health-resources/release-from-isolation-pdf

**COVID-19 Free Testing Sites:** We ask that you wear a mask at our testing sites and that you only come to be tested if you are symptomatic or have been recently exposed to Covid-19.

**Prescott and Prescott Valley COVID-19 Testing Site:** Prescott Gateway Mall, 3250 Gateway Blvd. Prescott. Days: Monday-Friday. Time: 9 am-4:00 pm. Saturday 9:00 am-4:00 pm. Closed: Sunday

**Cottonwood Days:** Monday-Friday. **Time:** 8:00am-5:30pm. **Location:** 300 South Willard St Cottonwood, AZ 86326. PCR test.

**Camp Verde Days:** Monday-Friday. **Time** 8:00am-5:30pm. **Location:** 1298 W Finnie Flat Rd Camp Verde, AZ 86322. PCR test.

**Yavapai County reports 165 COVID-19 Cases and 3 Deaths since Wednesday May 4, 2022.** There have been **48,359** positive cases and **1,216** deaths since the beginning of the pandemic. Yavapai Regional Medical Center reports **8** COVID-patients, VVMC reports **2** patient, and the VA reports **2** patients. If you are experiencing symptoms of COVID-19 or what seems to be a bad cold, please get tested for COVID-19.

For questions about vaccine registration or to find an appointment near you please visit <a href="www.azdhs.gov">www.azdhs.gov</a> or call 1-844-542-8201.