



Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



For Immediate Release

Tuesday, September 01, 2020

For further information, contact: Terri Farneti, Public Health Coordinator
928.442.5596

September 1st Update - Yavapai County Community Health Services Yavapai County reports 1 new COVID-19 Case

Apache	3,341	Coconino	3,334	Cochise	1,824	Graham	717	Greenlee	58
Gila	1,113	La Paz	498	Maricopa	134,004	Mohave	3,639	Navajo	5,602
Pima	21,286	Pinal	9,616	Santa Cruz	2,732	Yavapai	2,308	Yuma	12,257

1,475,209 Arizonans have been tested for COVID-19 with **202,342** positive results and **5,044** deaths. Yavapai County has tested **36,629** residents with 108 new tests reported overnight. There have been **2,308** positive cases, **1,016** recovered, and **77** deaths. YRMC West is caring for **4** COVID-19 patients, the East campus has **no** COVID-19 patients and there are **6** persons under investigation (PUI). Verde Valley Medical Center reports **2** COVID-19 hospitalizations and **1** PUIs. The VA has **no** COVID-19 patients.

New COVID-19 Cases since Yesterday									
Apache	+3	Coconino	+10	Cochise	+8	Graham	+3	Greenlee	n/c
Gila	+7	La Paz	+0	Maricopa	+276	Mohave	+24	Navajo	+4
Pima	+65	Pinal	+66	Santa Cruz	+4	Yavapai	+1	Yuma	+27

September is the kick off for Suicide Prevention Month and World Suicide Prevention Day, a time in which individuals and organizations around the country and the world join their voices to broadcast the message that suicide can be prevented, and to reach as many people as possible with the tools and resources to support themselves and those around them. The month of September also holds National Recovery Month, a time in which to increase awareness and understanding of mental and substance use disorders and celebrate the people who have found recovery.

Mental health issues are rising among adults during the COVID-19 pandemic, according to the Centers for Disease Control and Prevention, and the Journal of the American Medicine reports that the latest available data (2018) shows that suicide rates have been rising in the U.S. over the last two decades—and that the most recent numbers show the highest age-adjusted suicide rate since 1941. In Arizona the age-adjusted deaths per 100,000 residents is 19.5, whereas Yavapai County is at 30.

Personal and family concerns:

- Fear that you or your loved ones will get COVID-19
- No chance to be with and comfort your loved one who is seriously ill or dying in the hospital
- Grief over the loss of a loved one to COVID-19 or another illness
- Social isolation, especially if you live alone or in a facility where visitors are temporarily not allowed
- Being in close quarters with family under stay-at-home orders, which could increase the risk of spouse, partner or child abuse
- Starting or worsening of alcohol or drug misuse
- Having other mental health disorders, such as major depression, bipolar disorder, post-traumatic stress disorder or an anxiety disorder

- ★ During the COVID-19 pandemic, you can still reach out to others in a safe way and ask for help. Whether it's by phone, text or email or a trusted social media platform, don't be afraid to let others know that you're feeling overwhelmed and need support. At least get the conversation started.
#Yavapai Stronger Together - <https://justicementalhealth.com/resources-support/#covid19>
- ★ County COVID-19 Data, Testing Sites, School & Business Guidelines & Resources: www.yavapai.us/chs
- ★ Yavapai Emergency Phone Bank: 928-442-5103 - Monday-Thursday, 8:00 a.m. – 5:00 p.m.
- ★ Arizona 2-1-1: A resource for all the time, not just during COVID-19. <https://211arizona.org/>
- ★ COVID-19 information en español: <https://azhealth.gov/covid-19>