Yavapai County



Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



For Immediate Release Monday, September 14, 2020

For further information, contact: Terri Farneti, Public Health Coordinator 928.442.5596

September 15th Update - Yavapai County Community Health Services Yavapai County reports 14 new COVID-19 Cases, 1 additional confirmed Death over the Weekend

| ı | Apache | 3,386 | Coconino | 3,553 | Cochise | 1,860 | Graham | 774 | Greenlee | 58 |
|---|--------|--------|----------|--------|------------|---------|---------|-------|----------|--------|
| ı | Gila | 1,168 | La Paz | 526 | Maricopa | 137,589 | Mohave | 3,792 | Navajo | 5,694 |
| ı | Pima | 22,511 | Pinal | 10,187 | Santa Cruz | 2,785 | Yavapai | 2,415 | Yuma | 12,415 |

1.578,693 Arizonans have been tested for COVID-19 with **208,725** positive results and **5,322** deaths. Yavapai County has tested **38,315** residents with a total of **2,415** positive cases, **1,101** recovered, and **80** deaths. YRMC West is caring for **6** COVID-19 patients and **4** persons under investigation (PUI), the East campus has **1** COVID-19 patients and **3** PUI. Verde Valley Medical Center reports **4** COVID-19 hospitalizations and **1** PUI. The VA has **no** COVID-19 patients or PUIs.

| | New COVID-19 Cases since Friday | | | | | | | | |
|--------|---------------------------------|----------|-----|------------|------|---------|-----|----------|-----|
| Apache | n/c | Coconino | +99 | Cochise | +4 | Graham | +2 | Greenlee | n/c |
| Gila | +6 | La Paz | +2 | Maricopa | +702 | Mohave | +11 | Navajo | +17 |
| Pima | +264 | Pinal | +31 | Santa Cruz | +4 | Yavapai | +14 | Yuma | +41 |

Treatments are changing as doctors learn more about COVID-19. These four protocols have been gamechangers when treating COVID-19 patients:

- 1. **Steroid Use** doctors have started using the steroid Dexamethasone, which reduces inflammation.
- 2. **Proning Patients** placing patients on their stomach to remove the pressure off their lungs so the blood flows where there's better oxygen.
- 3. Antiviral Treatment the antiviral Remdesivir can shorten the time patients have the virus.
- 4. **Using Ventilators as a Last Resort** doctors are trying to avoid ventilation as a last resort because patients need to use their own respiratory muscles to avoid weakening their lungs upon recovery.

It's not too late to pre-register for the Testing Blitz in PV Today @ Findlay Toyota from 7am – 7pm. This free test involves an easy, painless, self-administered nasal swab in a drive-up setting. No insurance necessary. Great for families. Those tested will receive five cloth face coverings. Yavapai County residents can pre-register @ https://doineedacovid19test.com.

National Suicide Prevention Month. If you are thinking about suicide or are concerned about someone else, call the **National Suicide Prevention Lifeline (1-800-273-8255).**

- ★ Get your flu shot! Call 771-3122 to make an appointment at YCCHS.
- ★ County COVID-19 Data, Testing Sites, School & Business Guidelines & Resources: www.yavapai.us/chs
- ★ Yavapai Emergency Phone Bank: 928-442-5103 Monday-Thursday, 8:00 a.m. 5:00 p.m.
- **★ #Yavapai Stronger Together https://justicementalhealth.com/resources-support/#covid19**
- ★ Arizona 2-1-1: A resource for all the time, not just during COVID-19. https://211arizona.org/
- ★ COVID-19 information en español: https://azhealth.gov/covid-19