

ARIZONA RESOURCES

**GOVERNOR'S
OFFICE OF YOUTH,
FAITH, & FAMILY'S
TREATMENT
LOCATOR**

**A SEARCH TOOL TO
FIND PREVENTION,
TREATMENT, AND
RECOVERY
RESOURCES BY ZIP
CODE.**

**SUBSTANCEABUSE.
AZ.GOV**

**A FREE 24/7
HOTLINE THAT
ASSISTS PROVIDERS
WITH COMPLEX
PATIENTS WITH
PAIN & OPIOID USE
DISORDERS,
ANSWERED BY
MEDICAL EXPERTS
AT THE POISON &
DRUG INFORMATION
CENTER. PATIENTS
WILL RECEIVE A
CASE MANAGER.
888-688-4222**

**ARIZONA
OPIOID
ASSISTANCE &
REFERRAL
(OAR) LINE**

**PRESCRIBING
GUIDELINES +
PAIN &
ADDICTION
CURRICULUM**

**THE 2018 AZ OPIOID
PRESCRIBING
GUIDELINES PROMOTE
PATIENT SAFETY &
BEST PRACTICES IF
PRESCRIBING OPIOIDS
FOR ACUTE & CHRONIC
PAIN.**

**THE AZ PAIN &
ADDICTION
CURRICULUM WAS
DEVELOPED BY AZDHS
& IS BEING
IMPLEMENTED
STATEWIDE**

EVIDENCE-BASED INTERVENTIONS

**CO-PRESCRIBE
NALOXONE TO
PATIENTS ON
HIGHER THAN
50MME/DAY***

**MINIMIZE OPIOID
PRESCRIBING FOR
ACUTE PAIN**
CLINICIANS SHOULD
AVOID OPIOIDS.
WHEN NECESSARY,
START WITH THE
LOWEST EFFECTIVE
DOSE OF IR OPIOIDS.
THREE DAYS OR LESS
WILL OFTEN BE
SUFFICIENT. OPIOIDS
SHOULD NOT BE THE
FIRST-LINE OR
ROUTINE THERAPY
FOR CHRONIC PAIN.*

**AVOID THE "90-
DAY CLIFF."**
PEOPLE WHO USE
OPIOIDS
CONTINUOUSLY FOR
MORE THAN 90
DAYS INCREASE
THEIR LIKELIHOOD
OF LIFELONG
DEPENDENCE. THE
CDC RECOMMENDS
OPIOIDS SHOULD BE
DISCONTINUED IF
THE BENEFITS DO
NOT OUTWEIGH THE
RISKS.*

**TAPER OPIOIDS
TO SAFER DOSES-
TAPER TO DOSES
LESS THAN
50MME/DAY***

**AVOID CO-
PRESCRIBING AN
OPIOID &
BENZODIAZEPINE***

**36% OF INDIVIDUALS
WITH SUSPECTED
OPIOID OVERDOSES IN
OCTOBER 2019
RECEIVED
PRESCRIPTION OPIOIDS
FROM 10 OR MORE
PRESCRIBERS IN THE
PAST YEAR.**

**TO ACCESS THE
PRESCRIPTION DRUG
MONITORING
PROGRAM:
ARIZONA.PMPAWARE
.NET/LOGIN**